## Gum Disease \& Breast Cancer

## 1 in 8

U.S. women will develop invasive breast cancer over the course of their lifetime (about 12\%)


## 1 in 2

American adults aged 30 and over have some form of gum disease (half of the population)

## 14\% risk

Women with gum disease have a $14 \%$ overall increased risk for breast cancer compared to women without gum disease

## 30\% risk

The risk jumps to more than $30 \%$ for women with gum disease who smoke or have smoked in the past 20 years

Proactive Prevention: Oral Health Affects Total Health


Regular dental checkups and professional cleanings


