1 in 8
U.S. women will develop invasive breast cancer over the course of their lifetime (about 12%)

1 in 2
American adults aged 30 and over have some form of gum disease (half of the population)

14% risk
Women with gum disease have a 14% overall increased risk for breast cancer compared to women without gum disease

30% risk
The risk jumps to more than 30% for women with gum disease who smoke or have smoked in the past 20 years

Proactive Prevention: Oral Health Affects Total Health

1. Regular dental checkups and professional cleanings
2. Brushing regularly
3. Flossing regularly

Resources:
(2) http://www.cancer.org/cancer/breastcancer/detailedguide/breast-cancer-key-statistics
(3) https://www.perio.org/consumer/cdc-study.htm#OverlayWrapper/0/